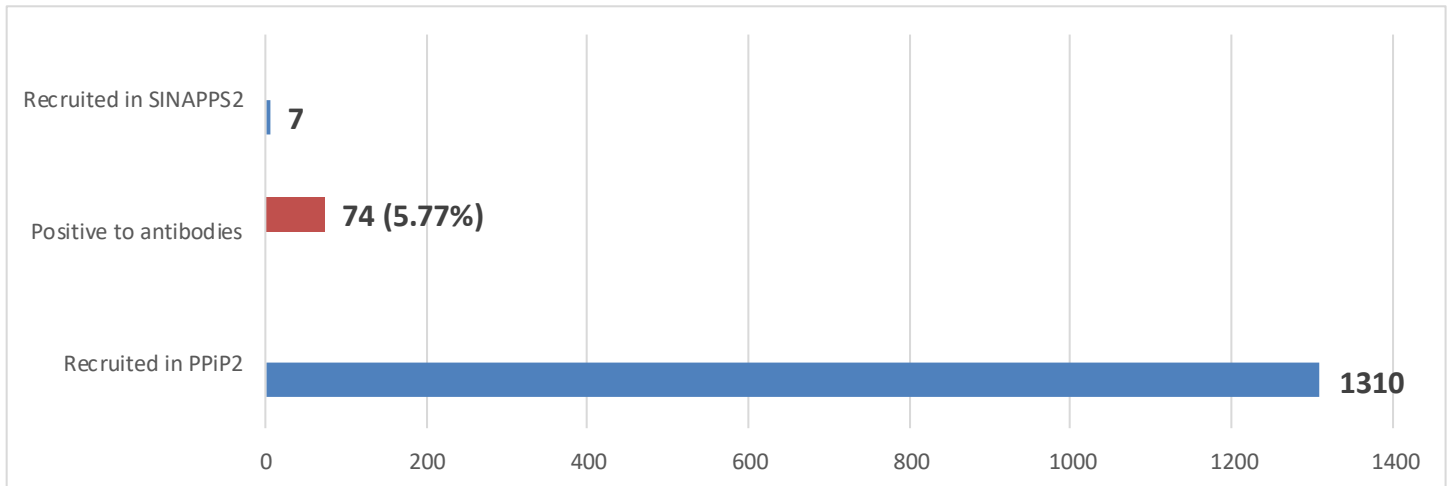


SINAPPS

SINAPPS group studies overview (September 2016—October 2018)



PPiP2 updates

With the latest amendment documents, you might have noticed we amended the blood sample card in the PPiP2 blood kit. On the new card, researchers are asked to tick one or more boxes, depending on the type of blood sample collected and posted.

PPiP2 blood kit contains two types of tubes: two Gold-top tubes and one EDTA (purple top) tube.

Gold-top tubes are used to collect the blood samples for anti-neuronal membrane antibodies testing, and they correspond to the **serum sample** on the blood test request card.

EDTA tubes (purple top) are used to collect the blood sample for future genetic research. These tubes correspond to the **whole blood** sample on the request card.

As specified in the PPiP2 consent form, a patient can opt out from giving a blood sample for future genetic research; if that is the case, whole blood sample (EDTA—purple top) should not be collected.

PPiP2 testing festivities break

Our Oxford laboratory team will be taking a break during the festivities. There will be less staff processing and storing PPiP2 samples over this period. Additionally, it might take a bit longer than usual for us to obtain the results. We apologise in advance for any possible delays.

In order to ensure that no sample gets degraded beyond use, please make sure that PPiP2 blood samples are posted to Oxford **no later than the 14th of December.**

This will allow our team to make sure that each sample is processed and stored correctly for testing.

Letter from Dr Martyn

Norfolk and Suffolk NHS Foundation Trust

"I have been involved with the PPIP2 study since around February 2018. Initially I was referring suitable patients to the research team in the Trust. I then contacted the researcher in our Trust and offered to get more actively involved in the recruitment process. I aimed to "catch" the eligible patients whilst they were still on the ward. We have 40-50 admissions per month. All new presentations come our way. We have on average 10 or more admissions per month that would be eligible for the study.

My personal "record" of recruitment is 9 in a calendar month. I am very proud of that. It is hard work. I have had to cajole, "make deals", go back and forth, etc. I enjoy it though. I have found that the process is actually strengthening the doctor-patient relationship.

On the ward I have had to enlist support from nursing staff and my junior colleagues. Taking the bloods may seem like an easy task but it all adds up. I do find that doctors are in the best position to recruit patients. Junior doctors in particular may find it appealing to get their GCP training at the beginning of their placement and then have an active role as co-investigators and recruit for the study during their stay in psychiatry. This is something that can be promoted by the Research and Development teams in any NHS Trust (not only mental health). Junior doctors can then further get involved in various studies in all their future placements.

I remain committed to finding ways to increase awareness and recruitment about this very important study and look forward to sharing my experience at a later stage."

Dr Gabriela Martyn, MRCPsych
PPIP2 Co-Principal Investigator in NSFT

PPIP2 recruiter of the month

October has been the best month yet for PPIP2! Recruitment across all sites reached and all-time high, taking us one step closer the goal!

Many teams performed astonishingly well and there are many researchers who deserve to be mentioned this month, so let's start!

On the top of the podium, winning this month's competition, we find the team from **Berkshire Healthcare NHS Foundation Trust** (Dr Sanjoo Chengappa, Emma Donaldson, Sital Tailor, Heather Hopkins). Congratulations and well done for reaching the top despite the fierce competition!

Many other teams performed incredibly well this month, and deserve a special mention for their contribution to this month's successful recruitment.

Congratulations to the teams at **Birmingham Children Hospital NHS Foundation Trust** (Dr Rachel Uptegrove, Lucia Crkonova), **Cambridgeshire & Peterborough NHS Foundation Trust** (Dr Jesus Perez, Rachel Michel, Dr Marie Goujon, Giuliano Tomei, Codie Fahey, Alessandro Carbocci), **Devon Partnership NHS Foundation Trust** (Dr Jyothi Priya Akula, Faye Dunford, Gemma Toy, Iona Cairns) and **Oxford Health NHS Foundation Trust** (Dr Belinda Lennox, Ceridwen Morgan, Rebecca Dean, Chris Millar, Lucy Desborough, Tahnee Marquardt, Sarah Hollingsworth, Sally-Anne Vincent, Anna Heinen, Sherin Varghese, Duncan Dudley-Hicks) for their fantastic results and hard work!

CONTACTS

London: rebecca.pollard@psych.ox.ac.uk
East of England and Midlands: giuliano.tomei@psych.ox.ac.uk
Thames Valley, Bucks & Berks: sally-anne.vincent@psych.ox.ac.uk
South West : iona.cairns@psych.ox.ac.uk
Project management: ksenija.veeles@psych.ox.ac.uk
Research administrator: mio.shimazaki@psych.ox.ac.uk
www.sinapps.org.uk
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